

# A New and Innovative Approach to Expanding the Treatment Workforce

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## Oregon Health Authority

Administers program development, consultation, and funding for prevention, treatment, and recovery services across the state.



## Lewis & Clark PGS

Outpatient problem gambling services in Portland Oregon, Graduate school training clinic.

# Oregon's Workforce - 2023

Population of Oregon: 4.24 million

LPC, LMFT, Psychologists	12,055
Social Workers	8,707
Substance Use Counselors	5,946

- 204 Oregonians for every MH counselor
- 713 Oregonians for every SUD counselor

What is the need for treatment services in your area?



## Oregon's Problem Gambling Workforce - 2024

		CGAC-R	CGAC-I	CGAC-II	Total
Portland Metro		75	8	35	118
Non-Metro Oregon		109	22	36	167
	Southern Oregon	19	3	5	27
	Valley & North Coast	52	7	21	80
	Eastern Oregon	8	4	3	15
	Central Oregon	20	2	2	24
	Outside of Oregon	10	6	5	21
<b>Total</b>		184	30	71	<b>285</b>

- 14,877 Oregonians for every Gambling Counselor

# Gaps & Barriers in the Workforce In Oregon

- PG prevalence ~2-4% of the population
  - 80,000 Oregonians
  - 281 PG clients for every PG counselor
- 796 client enrollments FY 2023-2024
  - Amounts to 1% of estimated prevalence
  - 3 PG clients for every PG counselor
- Barriers
  - 40% of providers clustered in Metro area
  - Low caseloads lead to multiple hats
  - Low priority compared to other programs



## A Look At Lewis & Clark PGS



- **Increase in referrals** in Multnomah County (Portland Metro) after height of Pandemic
- L&C PGS, going from **1-2 screening calls per week to 1-2 per day**
- Went from offering **an intake next day** to a **3-4 week waitlist**
- L&C is run by interns, only 3 shifts/week, balancing **client care** and **clinical development**
- Need for more clinical support to lower wait times

# Development of the Certification Observation & Externship Program



- For those **pursuing certification** within an agency with low PG enrollments
- Those wanting to **sharpen** their clinical skills
- Those who want to **connect** with a larger PG provider community for support
- To **assist** L&C with seeing clients and shortening client wait times

# Extern Opportunities



- Join the Lewis & Clark PG team!
- At least 2 clients per week
- Up to 150 client hours
- LOTS of supervision & consultation!
- Connect with other providers pursuing their CGAC
- Receive stipend every 50 direct client hours

# Live Observation



- Consult with the counselor prior
- Observe live sessions
- Consult and provide feedback during group supervision
- Access to recorded sessions
- Supervisor has ability to watch live sessions via zoom
  - Provide real time feedback in sessions to externs

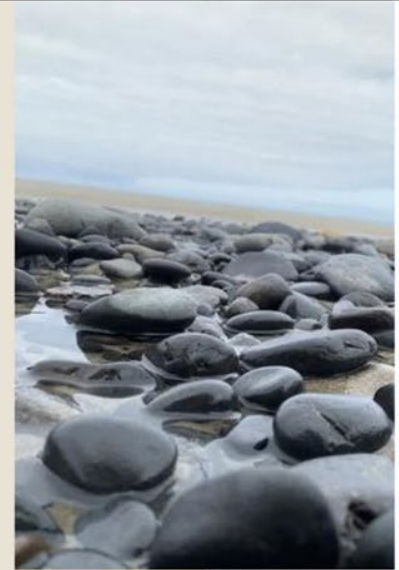
## Funding the Program

- OHA budget for Workforce Development
- Annual amount NTE \$45,000
- Monthly costs:
  - Extern (for each up to 2): \$1350
  - Observer Participant: \$912
  - Overhead: \$200
- Agency “sponsorship” or OHA provided stipend of \$2,000 for every 50 client hours



# Program Requirements

- Must currently be working at one of the 50 agencies that are state-contracted to provide PG services
- Hold a current counseling certification (SUD, MH)
- CGAC-R
- Completed educational courses for CGACI
- Commit to 1, 6 hour shift per week



# Review of the first year

- Lisa CGAC-R (tested yesterday!)
- 2 clients from February to May
- 20 client hours
- 26 hours of individual and group supervision
- Graduated 1 client successfully
- Transferred 1 client successfully to new CEOP extern



## Extern Reviews:

“Getting the live, real time supervision was so helpful and not something you get often in this field”

“The team was so welcoming. I learned a lot from watching other people’s sessions”

“Being able to be with everyone in person at the regional conference was an awesome experience!”



## Future of the Program

- Identifying “champions” for PG across the state
- Personally inviting those passionate for PG to apply
- Strengthens the connection and network of providers across the agencies
- Mix of graduate students and seasoned professionals

## Call to Action:

How might you identify and connect to champions in your agency, community, and state?



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Questions?



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